

Whole School PE Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Fundamental Movement Skills	FMS - Transport	FMS - 'Super worm' A adventure with the Emergency Services	FMS - Hungry Caterpillar	FMS - Rumble in the Jungle'	FMS – Seaside Athletics (Sports Day)
Year 1	FMS– Rolling a ball	FMS – Catching and bouncing a ball	Yoga Dance – Jack and the Beanstalk	FMS – Overarm throw Gymnastics Activities	FMS Kicking unit Athletics	FMS - Supertato
Year 2	FMS Bounce Ball FMS Kicking unit	Dance - Fire Fire	Max Whitlock Gymnastics FMS games – Piggy in the middle (core task)	OOA The Great Outdoors FMS Games in the 20 th Century	FMS Catching and Bouncing a Ball & Striking and Fielding	Athletics KS1 – End of Ks1 Assessment
Year 3	FMS Catch up KS1 Catching and Bouncing a Ball Target Games - Dodgeball	OAA - Trust and Trails	Y3 Striking and Fielding - Cricket	Dance - Myths and Legends	Athletics Gymnastics	Net and Wall Unit
Year 4	Invasion Games - Netball	OOA – Teamwork & Problem Solving	Dance - Jerusalema OAA - Team Work & Problem Solving	Max Whitlock Gymnastics OAA - Trust and Trails	Athletics Gymnastics	Net and Wall Unit
Year 5	Invasion Games - Hockey Swimming	Orienteering Swimming	Gymnastics Striking and Fielding - Cricket Swimming	Dance - Highway Man Swimming	Athletics Striking and Fielding Swimming	Tennis Swimming
Year 6	PGL (outdoor & adventurous) Tennis	Invasion games	Gymnastics	Orienteering	Rounders	Athletics